

ASIAN CHAMPIONSHIPS' RESULTS FOR MEN

2006 - 1957

2006 - ASIAN GAMES - QATAR, DOHA

60Kg FLY WEIGHT

- 1st Qian Jicheng (China) - Gold
- 2nd Pham Van Mach (Vietnam) - Silver
- 3rd Ibrahim Sihat (Singapore) - Bronze
- 4th Cho Wang Bung (South Korea)
- 5th Abbas Ali Maki MAKI (Bahrain)

65Kg BANTAM WEIGHT

- 1st Mohamed Salem Abdullah Zahmi (UAE) - Gold
- 2nd Sazali Abd Samad (Malaysia) - Silver
- 3rd Chong Ka Lap (Macau) - Bronze
- 4th Faisal Abdullah Al Salman (Bahrain)
- 5th Nasser Said Nasser Al Maskari (Oman)

70Kg FLY WEIGHT

- 1st Chua Ling Fung (Singapore) - Gold
- 2nd Syafrizaldy (Indonesia) - Silver
- 3rd Kenji Kondo (Japan) - Bronze
- 4th Saman Sarabi (Iran)
- 5th Sayed Faisal Husain (Bahrain)

75Kg WELTER WEIGHT

- 1st Chan Yun To (Hong Kong, China) - Gold
- 2nd Yoshihiro Yano (Japan) - Silver
- 3rd Muhammad Ismail Mohamed (Singapore) - Bronze
- 4th Kim Myung Sub (South Korea)
- 5th Haji Shaban Eid Pashok Al Balushi (Oman)

80Kg LIGHT MIDDLE WEIGHT

- 1st Sitthi Charoenrith (Thailand) - Gold
- 2nd Mohamed Sabah Naser Hasan (Bahrain) - Silver
- 3rd Lee Do Hee (South Korea) - Bronze
- 4th Liaw Teck Leong (Malaysia)
- 5th Salem Ghanem Humaid Al-Shamsi (UAE)

85Kg MIDDLE WEIGHT

- 1st Kamal Abdulsalam Abdulrahman (Qatar) - Gold
- 2nd Fadhel Husain (Bahrain) - Silver
- 3rd Kang Kyung Won (South Korea) - Bronze
- 4th Ammar Khamees Salem Al-Khansoori (UAE)
- 5th Reza Bagher Zadeh (Iran)

90Kg LIGHT HEAVY WEIGHT

- 1st Ali Tabrizi Noori (Qatar) - Gold
- 2nd Hassan Al Saka (Syria) - Silver
- 3rd Lam Man Shing (Hong Kong, China) - Bronze
- 4th Abdullah Saleh Hiji (Qatar)
- 5th Kim Myong Hun (Korea)

+90Kg HEAVY WEIGHT

- 1st Tareq Jafer Mohamed Al Farasani (Bahrain) - Gold
- 2nd Jassim Mohammed Abdullah (Qatar) - Silver
- 3rd Ahmad Al Saafeen (Jordan) - Bronze
- 4th Yang Sang Hun (South Korea)
- 5th Mohamed Merza Juma Jaafar (Bahrain)

2005 ANDONG CITY - SOUTH KOREA

Light Fly Weight - 55 kg.

- 1st Pham Van Mach (Vietnam) - Gold
- 2nd Val Pedrian Lim (Singapore) - Silver
- 3rd Uus Muhammad Yusuf (Indonesia) - Bronze
- 4th Abbas Makki Ali (Bahrain)
- 5th Ng Han Cheng (Singapore)
- 6th Lee Yonh Bum (S. Korea)

Fly Weight - 60 kg.

- 1st Amir Bin Zainal (Singapore) - Gold
- 2nd Zou Jundong (China) - Silver
- 3rd Nguyen Van Lam (Vietnam) - Bronze
- 4th Hanafi Bin Sulaiman (Singapore)
- 5th **Takenobu Maekawa (Japan)**
- 6th Bader Sultan (Bahrain)

Bantam Weight - 65 kg.

- 1st Chong Ka Lap (Macau China) - Gold
- 2nd Sazali Abd. Samad (Malaysia) - Silver
- 3rd Kim Byung Soo (S. Korea) - Bronze
- 4th Kongthit Hanchaiyutthakor (Thailand)
- 5th Edoardus Apcowo (Indonesia)
- 6th Nasullal Al Mosawi (Bahrain)

Light Weight - 70 kg.

- 1st Hussein Jassim (Bahrain) - Gold
- 2nd Kim Hyung Chan (Korea) - Silver
- 3rd HA JIANWEI (China) - Bronze
- 4th Cao Quoc Phu (Vietnam)
- 5th Muslim (Indonesia)
- 6th **Toshihiko Hirota (Japan)**

Welter Weight - 75 kg.

- 1st Chan Yun To (Hongkong China) - Gold
- 2nd Kim Kyung Sub (S. Korea) - Silver
- 3rd **Kenji Kondo (Japan) - Bronze**
- 4th Sayed Faisal Hussain (Bahrain)
- 5th Nguyen Huu Hong Son (Vietnam)
- 6th Wong Chi Shing (Hongkong China)

Light Middle Weight - 80 kg.

- 1st Lee Do Hee (South Korea) - Gold
- 2nd Giap Tri Dung (Vietnam) - Silver
- 3rd Fadhel Mohd Moosa (Bahrain) - Bronze
- 4th Bagherzadeh. R (Iran)
- 5th **Naohiro Imanaka (Japan)**
- 6th Pala Medechai (Thailand)

Middle Weight - 85 kg.

- 1st Kamal Abdul Salam (Qatar) - Gold
- 2nd Kang Kyung Won (S. Korea) - Silver
- 3rd Mohd Syed Zandavi (Qatar) - Bronze
- 4th Lin Jey Way (Chinese Taipei)
- 5th J.A.D. Sanjeewa Asanka (Sri Lanka)

Light Heavy Weight - 90 kg.

- 1st Ali Tabrizi (Qatar) - Gold
- 2nd Lam Man Shing (Hongkong China) - Silver
- 3rd Kim Myong Hun (South Korea) - Bronze
- 4th AbdullaHiji (Qatar)
- 5th Chu Bang Vu (Vietnam)
- 6th R.A.A. Nuwan Sampath (Sri Lanka)

Heavy Weight - + 90 kg.

- 1st Choi Jae Duck (South Korea) - Gold
- 2nd Jassim (Qatar) - Silver
- 3rd Mohamed Merzaj Jaafar (Bahrain) - Bronze
- 4th KHOSROW (Afghanistan)

2004 - MANAMA - BAHRAIN

Light Fly Weight - 55 kg.

- 1st Pham Van Mach (Vietnam) - Gold
- 2nd Val Pedrian Lim (Singapore) - Silver
- 3rd Som Kit (Thailand) - Bronze
- 4th Abbas Makki (Bahrain)

Fly Weight - 60 kg.

- 1st Somsri (Thailand) - Gold
- 2nd Takenobu Maekawa (Japan) Silver
- 3rd Terence Lee Kian Hong (Singapore) Bronze
- 4th Lai Ming I (Chinese Taipei)

Bantam Weight - 65 kg.

- 1st Sazali Abdul Samad (Malaysia) - Gold
- 2nd Faisal Abdullah (Bahrain) - Silver
- 3rd Yosif Karimi (Iran) - Bronze
- 4th Seyamak Moa'mar (Iran)

Light Weight - 70 kg.

- 1st Hassain Jassim (Bahrain) - Gold
- 2nd Lee Young Sub (Korea) - Silver
- 3rd Abdul Halim Bin Haron (Singapore) - Bronze
- 4th Lin Peiqu (China)
- 5th Arafat Yaquod (Bahrain)

Welter Weight - 75 kg.

- 1st Chan Yun To (China Hong Kong) - Gold
- 2nd Kim Mynng Sub (Korea) - Silver
- 3rd Kenji Kondo (Japan) - Bronze
- 4th Shyam Sunder (India)

Light Middle Weight - 80 kg.

- 1st Mohamed Sabah (Bahrain) - Gold
- 2nd Salem Al-Shamsi (UAE) - Silver
- 3rd Ly Duc (Vietnam) - Bronze
- 4th Fadhel Mohammed (Bahrain)

Middle Weight - 85 kg.

- 1st Kamal A. Salam (Qatar) - Gold
- 2nd Mohammed Ismail (Singapore) - Silver
- 3rd Choi Sung Woong (Korea) - Bronze
- 4th Giap Tri Dung (Vietnam)
- 5th Hiroshi Inoue (Japan)

Light Heavy Weight - 90 kg.

- 1st Tarqi Al-Farasani (Bahrain) - Gold
- 2nd Seyamak Sheeramand (Iran) - Silver
- 3rd Abdulla Hiji (Qatar) - Bronze

Heavy Weight - + 90 kg.

- 1st Ali Tabreezi (Qatar) - Gold
- 2nd Hassan Saleh (Bahrain) - Silver
- 3rd Moshim Qurannewis (Iran) - Bronze
- 4th Nader Mohamed Assiri (Bahrain)

MOST IMPROVED BODYBUILDER OF THE YEAR

Lin Peiqu (People's Republic Of China)

TEAM CHAMPIONS

- 1st BAHRAIN - Gold
- 2nd SINGAPORE - Silver
- 3rd IRAN - Bronze

2003 - ALMATY - KAZAKHSTAN

Fly Weight - 60 kg.

- 1st Cherkassov Gennadiy (Kazakhstan) - Gold
- 2nd Pham Van Mach (Vietnam) - Silver
- 3rd Ng Han Cheng (Singapore) - Bronze

Bantam Weight - 65 kg.

- 1st Lee Lap Chi (China Hongkong) - Gold
- 2nd Habib Moammer (Iran) - Silver
- 3rd Arafat Yaqoob Yousif (Bahrain) - Bronze

Light Weight - 70 kg.

- 1st Saman Sarabi (Iran) - Gold
- 2nd Sazali Samad (Malaysia) - Silver
- 3rd Husain Jasim Ismail (Bahrain) - Bronze

Welter Weight - 75 kg.

- 1st Chan Yun To (China Hongkong) - Gold
- 2nd Vitender Pawar (India) - Silver
- 3rd Sawang Panapui (Thailand) - Bronze

Lt. Middle Weight - 80 kg.

- 1st Ly Duc (Vietnam) - Gold
- 2nd Mohammed Sabah (Bahrain) - Silver
- 3rd Mohd. Ismail Md. (Singapore) - Bronze

Middle Weight - 85 kg.

- 1st Kamal Abdulsalam (Qatar) - Gold
- 2nd Tariq Jaffer (Bahrain) - Silver
- 3rd Sami Alhaddad (Bahrain) - Bronze

Lt. Heavy Weight - 90 kg.

- 1st Ali Tabrezi (Qatar) - Gold
- 2nd Ahmad Naji Hasan Alsa'a Afeen (Jordan) - Silver
- 3rd Ivanov Sergey (Kazakhstan) - Bronze

Heavy Weight Over + 90 kg.

- 1st Jassim Mohd (Qatar) - Gold
- 2nd Massyk Andrey (Kazakhstan) - Silver
- 3rd Hasan Saleh Ali (Bahrain) - Bronze

**2002 - BUSAN - SOUTH KOREA
(BODYBUILDING MADE ITS DEBUT IN THE ASIAN GAMES)**

Fly Weight - 60 kg.

- 1st Cho Wang Bung - (S. Korea) - Gold
- 2nd Ibrahim Sihat - (Singapore) - Silver
- 3rd Pham Van Mach (Vietnam) - Bronze

Bantam Weight - 65 kg.

- 1st Abdul Halim Haron (Singapore) - Gold
- 2nd Lee Lap Chi (Hongkong China) - Silver
- 3rd Amir Zainal (Singapore) - Bronze

Light Weight - 70 kg.

- 1st Han Dong Ki (S. Korea) - Gold
- 2nd Toshihiko Hirota (Japan) - Silver
- 3rd Koji Godo (Japan) - Bronze

Welter Weight - 75 kg.

- 1st Simon Chua L. Fung (Singapore) - Gold
- 2nd Yoshihiro Yano (Japan) - Silver
- 3rd Min Zaw Oo (Mynamar) - Bronze

Lt. Middle Weight - 80 kg.

- 1st Ly Duc (Vietnam) - Gold
- 2nd Liaw Teck Leong (Malaysia) - Silver
- 3rd Lee Jin Ho (S. Korea) - Bronze

Middle Weight - 85 kg.

- 1st Kang Kyung Won (S. Korea) - Gold
- 2nd Sami Alhaddad (Bahrain) - Silver
- 3rd Hasan Mohamed (Bahrain) - Bronze

Lt. Heavy Weight - 90 kg.

- 1st Tariq Alfarsani (Bahrain) - Gold
- 2nd Md. Ismail Mohd. (Singapore) - Silver
- 3rd Ahmad Naji H. Alsaiafeen (Qatar) - Bronze

Heavy Weight Over + 90 kg.

- 1st Mohammed Anouti (Lebanon) - Gold
- 2nd Wimpi Wungow (Indonesia) - Silver
- 3rd Choi Jae Duck (S. Korea) - Bronze

2001 - BUSAN - SOUTH KOREA

Fly Weight - 60 kg.

- 1st Cho Wang Bung (S. Korea) - Gold
- 2nd Pham Van Mach (Vietnam) - Silver
- 3rd Vincent Ng (Singapore) - Bronze

Bantam Weight - 65 kg.

- 1st Nor Perwira Jaya Rahmat (Singapore) - Gold
- 2nd Eom Do Kyung (S. Korea) - Silver
- 3rd Lee Lap Chi (China Hongkong) - Bronze

Light Weight - 70 kg.

- 1st - - Gold
- 2nd Nazaruddin Seladin (Singapore) - Silver
- 3rd Koji Godo (Japan) - Bronze

Welter Weight - 75 kg.

- 1st Noh Woo Hyon (S. Korea) - Gold
- 2nd Makoto Tashiro (Japan) - Silver
- 3rd Yoshihiro Yano (Japan) - Bronze

Lt. Middle Weight - 80 kg.

1st Hidetada Yamagishi (Japan) - Gold

2nd Oh Kyung Mo (S. Korea) - Silver

3rd Giap Tri Dung (Vietnam) - Bronze

Middle Weight - 85 kg.

1st Ly Duc (Vietnam) - Gold

2nd - - Silver

3rd Mohammed Sabah Nasser (Bahrain) - Bronze

Lt. Heavy Weight - 90 kg.

1st - - Gold

2nd Kim Myung Hun (S. Korea) - Silver

3rd Tareq Jaffer Al-Farasani (Bahrain) - Bronze

Heavy Weight Over + 90 kg.

1st Cho Jae Deok (S. Korea) - Gold

2nd Mehdi Seilspoor (Iran) - Silver

3rd Hassen Saleh Ali (Bahrain) - Bronze

2000 - HONG KONG

Fly Weight - 60 kg.

1st Lee Lap Chi (China Hong Kong) - Gold

2nd Pham Van Mach (Vietnam) - Silver

3rd Eichi Ishikawa (Japan) - Bronze

Bantam Weight - 65 kg.

1st Sazali Samad (Malaysia) - Gold

2nd Park Kyung Mo (S. Korea) - Silver

3rd Cao Quoc Phu (Vietnam) - Bronze

Light Weight - 70 kg.

1st Nazarudin Seladin (Singapore) - Gold

2nd Kougi Godo (Japan) - Silver

3rd Kim Jong Pak (S. Korea) - Bronze

Welter Weight - 75 kg.

1st Yoshihiro Yano (Japan) - Gold

2nd Noh Woo Hyun (S. Korea) - Silver

3rd Abdul Halim Haron (Singapore) - Bronze

Lt. Middle Weight - 80 kg.

1st Liew Teck Leong (Malaysia) - Gold

2nd Md. Ismail Mohd. (Singapore) - Silver

3rd Oh Kyung Mo (S. Korea) - Bronze

Middle Weight - 85 kg.

1st Ly Duc (Vietnam) - Gold

2nd Ramlan Ramli (Singapore) - Silver

3rd Liu Xing Gang (China) - Bronze

Lt. Heavy Weight - 90 kg.

1st Kim Myang Hun (S. Korea) - Gold

2nd Hsu Chong Huang (Chinese Taipei) - Silver

3rd Hiroshi Inoue (Japan) - Bronze

Heavy Weight Over + 90 kg.

1st Augustine Lee (Singapore) - Gold

2nd Messyuk Andrey (Kazakhstan) - Silver

3rd Terry Gallyot (Malaysia) - Bronze

1999 - TAIPEI - TAIWAN

Fly Weight - 60 kg.

- 1st Shampi Kummur (Chinese Taipei) - Gold
- 2nd Pham Van Mach (Vietnam) - Silver
- 3rd Chang Dong Hyun (S. Korea) - Bronze

Bantam Weight - 65 kg.

- 1st Sazali Samad (Malaysia) - Gold
- 2nd Cho Wang Bung (S. Korea) - Silver
- 3rd Tan Yew Heng (Singapore) - Bronze

Light Weight - 70 kg.

- 1st Nazarudin Seladin (Singapore) - Gold
- 2nd Sitthi Chaorenrit (Thailand) - Silver
- 3rd Makoto Tashiro (Japan) - Bronze

Welter Weight - 75 kg.

- 1st Hung Sheng Dong (Chinese Taipei) - Gold
- 2nd Yoshihiro Yano (Japan) - Silver
- 3rd Noh Woo Hyun (S. Korea) - Bronze

Lt. Middle Weight - 80 kg.

- 1st Jose Lin D. Zheng (Singapore) - Gold
- 2nd Liaw Teck Leong (Malaysia) - Silver
- 3rd Oh Kyung Mo (S. Korea) - Bronze

Lt. Heavy Weight - 90 kg.

- 1st Wong Ngai Heong (Malaysia) - Gold
- 2nd Kim Myong Hun (S. Korea) - Silver
- 3rd Ehsanallah Kangarlou Z.A. (Iran) - Bronze

Heavy Weight Over + 90 kg.

- 1st Terry Gallyot (Malaysia) - Gold
- 2nd Abbas Mahdavi Yazdi (Iran) - Silver
- 3rd Adel Ahmed Aieebia (Saudi Arabia) - Bronze

1998 - HO CHIH MINH CITY - VIETNAM

Fly Weight - 60 kg.

- 1st Chang Dong Hyun (S. Korea) - Gold
- 2nd Pham Van Mach (Vietnam) - Silver
- 3rd Takanobu Maekawa (Japan) - Bronze

Bantam Weight - 65 kg.

- 1st Sazali Samad (Malaysia) - Gold
- 2nd Zetri Munir (Malaysia) - Silver
- 3rd Nor Perwira Jaya (Singapore) - Bronze

Light Weight - 70 kg.

- 1st Nazarudin Seladin (Singapore) - Gold
- 2nd Koji Godo (Japan) - Silver
- 3rd Cao Quoc Phu (Vietnam) - Bronze

Welter Weight - 75 kg.

- 1st Noh Woo Hyun (S. Korea) - Gold
- 2nd Yoshihiro Yano (Japan) - Silver
- 3rd Vitender Singh (India) - Bronze

Lt. Middle Weight - 80 kg.

- 1st Oh Kyung Mo (S. Korea) - Gold
- 2nd Liaw Teck Leong (Malaysia) - Silver
- 3rd Giap Chi Dung (Vietnam) - Bronze

Middle Weight - 85 kg.

- 1st Ly Duc (Vietnam) - Gold
- 2nd Kang Kyung Won (S. Korea) - Silver
- 3rd Mohamed Sabah (Bahrain) - Bronze

Lt. Heavy Weight - 90 kg.

- 1st Ade Rai (Indonesia) - Gold
- 2nd Kam Myong Hun (S. Korea) - Silver
- 3rd R. N. Prasad (India) - Bronze

Heavy Weight Over + 90 kg.

- 1st Ko Jae Soo (S. Korea) - Gold
- 2nd Hassan Saleh (Bahrain) - Silver
- 3rd Mohamed Mirza (Bahrain) - Bronze

1997 - SEOUL - SOUTH KOREA

Fly Weight - 60 kg.

- 1st T.V. Pauly (India) - Gold
- 2nd Chang Dong Hyun (S. Korea) - Silver
- 3rd Mohd. Hanafi Sufaat (Singapore) - Bronze

Bantam Weight - 65 kg.

- 1st Jong Bo Hun (S. Korea) - Gold
- 2nd Sazali Samad (Malaysia) - Silver
- 3rd Hiroshi Tsuda (Japan) - Bronze

Light Weight - 70 kg.

- 1st Kim Myung Sob (S. Korea) - Gold
- 2nd Masahiro Yamamoto (Japan) - Silver
- 3rd Mohd. Said Suib (Singapore) - Bronze

Welter Weight - 75 kg.

- 1st Lee Tae Woo (S. Korea) - Gold
- 2nd Vitender Singh (India) - Silver
- 3rd Ko Cheng Hung (Chinese Taipei) - Bronze

Lt. Middle Weight - 80 kg.

- 1st Jong Bong Ki (S. Korea) - Gold
- 2nd Liaw Teck Leong (Malaysia) - Silver
- 3rd Katsuhiko Ueno (Japan) - Bronze

Middle Weight - 85 kg.

- 1st Ly Duc (Vietnam) - Gold
- 2nd Kwon Man Geun (S. Korea) - Silver
- 3rd Wang Shuli (China) - Bronze

Lt. Heavy Weight - 90 kg.

- 1st Mon Hyung Pil (S. Korea) - Gold
- 2nd Augustine Lee (Singapore) - Silver
- 3rd S.O.F. Bin Syed (Malaysia) - Bronze

Heavy Weight Over + 90 kg.

- 1st Ko Jae Soo (S. Korea) - Gold
- 2nd Ramlan Ramli (Singapore) - Silver
- 3rd Kim Chor Chan (China Hongkong) - Bronze

1996 - NEW DELHI, INDIA

Fly Weight - 60 kg.

- 1st Jung Bo Bun (S. Korea) - Gold
- 2nd Hiroshi Tsuda (Japan) - Silver
- 3rd Tun Tun Aung (Myanmar) - Bronze

Bantam Weight - 65 kg.

- 1st Sazali Samad (Malaysia) - Gold
- 2nd Kim Byung Soo (S. Korea) - Silver
- 3rd Masayuki Kikuchi (Japan) - Bronze

Light Weight - 70 kg.

- 1st Mohd Said Suib (Singapore) - Gold
- 2nd Felix Barajan (Philippines) - Silver
- 3rd Jaun Sang Lee (S. Korea) - Bronze

Welter Weight - 75 kg.

- 1st Yoshihiro Yano (Japan) - Gold
- 2nd Nam Ki Hyun (S. Korea) - Silver
- 3rd M. Hammound Harha (Saudi Arabia) - Bronze

Lt. Middle Weight - 80 kg.

- 1st Prem Chand (India) - Gold
- 2nd Jung Bong Ki (S. Korea) - Silver
- 3rd Sami Haddad (Bahrain) - Bronze

Middle Weight - 85 kg.

- 1st Kwon Man Geon (S. Korea) - Gold
- 2nd Ly Duc (Vietnam) - Silver
- 3rd Jan Amraalah (Saudi Arabia) - Bronze

Lt. Heavy Weight - 90 kg.

- 1st Augustine Lee (Singapore) - Gold
- 2nd Ko Jaw Soo (S. Korea) - Silver
- 3rd Adel Bassalem (Saudi Arabia) - Bronze

Heavy Weight Over + 90 kg.

- 1st Yazdan Rad (Iran) - Gold
- 2nd Eid Balwal (Saudi Arabia) - Silver
- 3rd Mehdi Latifi (Iran) - Bronze

1995 - CHONGQING CITY, SICHUAN - CHINA

Fly Weight - 60 kg.

- 1st Kim Byung Soo (S. Korea) - Gold
- 2nd Zetri Munir (Malaysia) - Silver
- 3rd Roland Bayoco (Philippines) - Bronze

Bantam Weight - 65 kg.

- 1st Na In Chia (S. Korea) - Gold
- 2nd Ibrahim Sihat (Singapore) - Silver
- 3rd Sazali Samad (Malaysia) - Bronze

Light Weight - 70 kg.

- 1st Mohd Said Suib (Singapore) - Gold
- 2nd Toshihiko Hirota (Japan) - Silver
- 3rd Nam Do Jin (S. Korea) - Bronze

Welter Weight - 75 kg.

- 1st Qin Chengyong (China) - Gold
- 2nd Ki Young Joo (S. Korea) - Silver
- 3rd Chan Wooi Cheng (Malaysia) - Bronze

Lt. Middle Weight - 80 kg.

- 1st Katsuhiko Ueno (Japan) - Gold
- 2nd Kwon Man Geun (S. Korea) - Silver
- 3rd Simon Chua L. F (Singapore) - Bronze

Middle Weight - 85 kg.

- 1st Md. Ismail Mohd. (Singapore) - Gold
- 2nd Lee Jin Ho (S. Korea) - Silver
- 3rd Mohamad Shabah (Bahrain) - Bronze

Lt. Heavy Weight - 90 kg.

- 1st Augustine Lee (Singapore) - Gold
- 2nd Lee Young Suk (S. Korea) - Silver
- 3rd Yoshinori Yamamoto (Japan) - Bronze

Heavy Weight Over + 90 kg.

- 1st Kusuma Yudha (Indonesia) - Gold
- 2nd Terry Gallyot (Malaysia) - Silver
- 3rd Yeun Je Ho (S. Korea) - Bronze

1994 - MALACCA, MALAYSIA

Fly Weight - 60 kg.

- 1st Zetri Munir (Malaysia) - Gold
- 2nd Abdul Rahim Othman (Singapore) - Silver
- 3rd Jun Bo Hoon (S. Korea) - Bronze

Bantam Weight - 65 kg.

- 1st Ibrahim Sihat (Singapore) - Gold
- 2nd Sazali Samad (Malaysia) - Silver
- 3rd Nam Do Jin (S. Korea) - Bronze

Light Weight - 70 kg.

- 1st Jung Bong Ki (S. Korea) - Gold
- 2nd Nazarudin Seladin (Singapore) - Silver
- 3rd Mohsen Yazdani (Iran) - Bronze

Welter Weight - 75 kg.

- 1st Mohd Said Suib (Singapore) - Gold
- 2nd Javid Akhtar (Pakistan) - Silver
- 3rd Abdul Karim Maki Ali (Bahrain) - Bronze

Lt. Middle Weight - 80 kg.

- 1st Hassan Buridah (Malaysia) - Gold
- 2nd Samier A. Elkieer (Saudi Arabia) - Silver
- 3rd Makoto Yoshida (Japan) - Bronze

Middle Weight - 85 kg.

- 1st Md. Ismail Mohd. (Singapore) - Gold
- 2nd Osman Yahaya (Malaysia) - Silver
- 3rd Park; Yung In (S. Korea) - Bronze

Lt. Heavy Weight - 90 kg.

- 1st Augustine Lee (Singapore) - Gold
- 2nd Frankie Chin (Malaysia) - Silver
- 3rd Kim Yung Won (S. Korea) - Bronze

Heavy Weight Over + 90 kg.

- 1st Ishak Raja Etam (Malaysia) - Gold
- 2nd M. A. Al Ashmawy (Saudi Arabia) - Silver
- 3rd Yazdan Rad (Iran) - Bronze

1993 - SINGAPORE

Fly Weight - 60 kg.

- 1st Na In Chai (S. Korea) - Gold
- 2nd David Yee (Singapore) - Silver
- 3rd Akio Kawakami (Japan) - Bronze

Bantam Weight - 65 kg.

- 1st Ibrahim Sihat (Singapore) - Gold
- 2nd Sazali Samad (Malaysia) - Silver
- 3rd Joo Kyung Yub (S. Korea) - Bronze

Light Weight - 70 kg.

- 1st Md. Nazarudin Seladin (Singapore) - Gold
- 2nd Mohd. Said Suib (Singapore) - Silver
- 3rd Levi Rumbewas (Indonesia) - Bronze

Welter Weight - 75 kg.

- 1st Masood Butt (Pakistan) - Gold
- 2nd Pala Meechai (Thailand) - Silver
- 3rd Hisanori Okawara (Japan) - Bronze

Lt. Middle Weight - 80 kg.

- 1st Md. Ismail Mohd. (Singapore) - Gold
- 2nd Seiji Aruga (Japan) - Silver
- 3rd Dr. Javad Akhtar (Pakistan) - Bronze

Middle Weight - 85 kg.

- 1st Azman Abdullah (Singapore) - Gold
- 2nd Kim Hong Jun (S. Korea) - Silver
- 3rd Ibrahim Mohd. (Kuwait) - Bronze

Lt. Heavy Weight - 90 kg.

- 1st Lee Young Suk (S. Korea) - Gold
- 2nd Frankie Chin (Malaysia) - Silver
- 3rd Ramlan Ramli (Singapore) - Bronze

Heavy Weight Over + 90 kg.

- 1st Augustine Lee (Singapore) - Gold
- 2nd Ishak Raja Etam (Malaysia) - Silver
- 3rd Yazdan Reid (Iran) - Bronze

1992 - YOGYAKARTA - INDONESIA

Fly Weight - 60 kg.

- 1st Jung Bo Hun (S. Korea) - Gold
- 2nd David Yee (Singapore) - Silver
- 3rd Masahide Kinjo (Japan) - Bronze

Bantam Weight - 65 kg.

- 1st Ibrahim Sihat (Singapore) - Gold
- 2nd Heriyanto (Indonesia) - Silver
- 3rd Sazali Samad (Malaysia) - Bronze

Light Weight - 70 kg.

- 1st Levi Rumewas (Indonesia) - Gold
- 2nd Han Gyun Seok (S. Korea) - Silver
- 3rd Mohd. Ramlan Nordin (Singapore) - Bronze

Welter Weight - 75 kg.

- 1st Kim Jun Ho (S. Korea) - Gold
- 2nd Fatholomein Ali (Singapore) - Silver
- 3rd Teruo Aso (Japan) - Bronze

Lt. Middle Weight - 80 kg.

- 1st Fumitoshi Takanishi (Japan) - Gold
- 2nd Mohd. Ismail Mohd (Singapore) - Silver
- 3rd Cheng Hai Yuang (Chinese Taipei) - Bronze

Middle Weight - 85 kg.

- 1st Azman Abdullah (Singapore) - Gold
- 2nd Kang Kyung Soon (S. Korea) - Silver
- 3rd Seiji Aruga (Japan) - Bronze

Lt. Heavy Weight - 90 kg.

- 1st Wemy Wungau (Indonesia) - Gold
- 2nd Lee Young Suk (S. Korea) - Silver
- 3rd Andy Toh Kua Chwee (Singapore) - Bronze

Heavy Weight Over + 90 kg.

- 1st Ishak Raja Etam (Malaysia) - Gold
- 2nd Augustine Lee K.S. (Singapore) - Silver
- 3rd Yeun Je-Ho (S. Korea) - Bronze

1991 - INCHON CITY, SOUTH KOREA

Fly Weight - 60 kg.

- 1st Jung Bo Hun (S. Korea) - Gold
- 2nd Asrilwandi (Indonesai) - Silver
- 3rd David Yee (Singapore) - Bronze

Bantam Weight - 65 kg.

- 1st Ibrahim Sihat (Singapore) - Gold
- 2nd Hisashi Kamisawa (Japan) - Silver
- 3rd Ra, In-Chai (S. Korea) - Bronze

Light Weight - 70 kg.

- 1st Levy Rumbewas (Indonesia) - Gold
- 2nd Bang, Wook Hyuk (S. Korea) - Silver
- 3rd Toshihiko Hirota (Japan) - Bronze

Welter Weight - 75 kg.

- 1st Kim Jun Ho (S. Korea) - Gold
- 2nd Teruo Aso (Japan) - Silver
- 3rd Gan Qingchun (China) - Bronze

Lt. Middle Weight - 80 kg.

- 1st Kang Keung Soon (S. Korea) - Gold
- 2nd Fumitoshi Takanishi (Japan) - Silver
- 3rd Yang Xinmin (China) - Bronze

Middle Weight - 85 kg.

- 1st Azman Abdullah (Singapore) - Gold
- 2nd Seiji Aruga (Japan) - Silver
- 3rd Kim Won Tae (S. Korea) - Bronze

Lt. Heavy Weight - 90 kg.

- 1st Ishak Raja Etam (Malaysia) - Gold
- 2nd Lee Young-Suk (S. Korea) - Silver
- 3rd Eid Mohsen balwaal (Saudi Arabia) - Bronze

Heavy Weight Over + 90 kg.

- 1st Malek Noor (Malaysia) - Gold
- 2nd Yuen Je-Ho (S. Korea) - Silver
- 3rd Abdul Ibrahim A. (Saudi Arabia) - Bronze

1990 - KOTA KINABALU, SABAH - MALAYSIA

Fly Weight - 60 kg.

- 1st Jung Boo Hoon (S. Korea) - Gold
- 2nd David Yee W. Keong (Singapore) - Silver
- 3rd Akio Kawakami (Japan) - Bronze

Bantam Weight - 65 kg.

- 1st Ibrahim Sihat (Singapore) - Gold
- 2nd Lee, Yong Sub (S. Korea) - Silver
- 3rd Enrique Macorol Jr. (Philippines) - Bronze

Light Weight - 70 kg.

- 1st Fatholomein Ali (Singapore) - Gold
- 2nd Kang, Kyung Soon (S. Korea) - Silver
- 3rd Fumitoshi Takanishi (Japan) - Bronze

Welter Weight - 75 kg.

- 1st Han Dong Ki (S. Korea) - Gold
- 2nd Justine Sompong (Malaysia) - Silver
- 3rd Masanobu Okamoto (Japan) - Bronze

Lt. Middle Weight - 80 kg.

- 1st Azman Abdullah (Singapore) - Gold
- 2nd Sammy Ayochock (Philippines) - Silver
- 3rd Kang Kyung Soon (S. Korea) - Bronze

Middle Weight - 85 kg.

- 1st Md. Ismail Mohd. (Singapore) - Gold
- 2nd Kazuichi Tsuruta (Japan) - Silver
- 3rd Kim, Won Tae (S. Korea) - Bronze

Lt. Heavy Weight - 90 kg.

- 1st Frankie Chin (Malaysia) - Gold
- 2nd Wempy A.W. (Indonesia) - Silver
- 3rd Othman Yahya (Malaysia) - Bronze

Heavy Weight Over + 90 kg.

- 1st Malik Noor (Malaysia) - Gold
- 2nd Ishak Raja Etam (Malaysia) - Silver
- 3rd Lee Dae Juen (S. Korea) - Bronze

1989 - TOTTORI CITY, JAPAN

Fly Weight - 60 kg.

- 1st Jung Bo-Hun (S. Korea) - Gold
- 2nd Sherko A. Ramdan (Iraq) - Silver
- 3rd Akio Kawakami (Japan) - Bronze

Bantam Weight - 65 kg.

- 1st Bang Woon Hyuk (S. Korea) - Gold
- 2nd Hisashi Kamisawa (Japan) - Silver
- 3rd Ibrahim Sihat (Singapore) - Bronze

Light Weight - 70 kg.

- 1st Kim Jun Ho (S. Korea) - Gold
- 2nd Yousif A. Hassan (Iraq) - Silver
- 3rd Levi Rumbewas (Indonesia) - Bronze

Welter Weight - 75 kg.

- 1st Han Dong Ki (S. Korea) - Gold
- 2nd Teruo Aso (Japan) - Silver
- 3rd Masanobu Okamoto (Japan) - Bronze

Lt. Middle Weight - 80 kg.

- 1st Azman Abdullah (Singapore) - Gold
- 2nd Emed J. Mahmoud (Iraq) - Silver
- 3rd Shigeru Watanabe (Japan) - Bronze

Middle Weight - 85 kg.

- 1st Toshio Konuma (Japan) - Gold
- 2nd Mohd. Ismail Mohd. (Singapore) - Silver
- 3rd M. Yahya Butt (Pakistan) - Bronze

Lt. Heavy Weight - 90 kg.

- 1st Yasushi Koyama (Japan) - Gold
- 2nd Ahmad A. Kadum (Iraq) - Silver
- 3rd Frankie Chin (Hongkong) - Bronze

Heavy Weight Over + 90 kg.

- 1st Aziz A. Kareem (Iraq) - Gold
- 2nd Salah T. Mohammed (Iraq) - Silver
- 3rd Richard Tan (Malaysia) - Bronze

1988 - SINGAPORE

Bantam Weight - 65 kg.

- 1st Bang Woon Hyuk (S. Korea) - Gold
- 2nd Yousif Ahmed Hassan (Iraq) - Silver
- 3rd Ibrahim Sihat (Singapore) - Bronze

Light Weight - 70 kg.

- 1st Park Young Chul (S. Korea) - Gold
- 2nd **Katsumi Ishimura (Japan) - Silver**
- 3rd Levi Rumbewas (Indonesia) - Bronze

Welter Weight - 75 kg.

- 1st Fatholomein Ali (Singapore) - Gold
- 2nd Han Dong Ki (S. Korea) - Silver
- 3rd Mahmood Ahmed Zaidan (Iraq) - Bronze

Middle Weight - 80 kg.

- 1st Sammy Ayochock (Philippines) - Gold
- 2nd Kang Keung Sun (S. Korea) - Silver
- 3rd **Hiromichi Arai (Japan) - Bronze**

Lt. Heavy Weight - 90 kg.

- 1st **Toshio Konuma (Japan) - Gold**
- 2nd Imad Jasim Mahmood (Iraq) - Silver
- 3rd Frankie Chin (Malaysia) - Bronze

Heavy Weight Over + 90 kg.

- 1st Malek Noor (Malaysia) - Gold
- 2nd Ahmad Abbas Khadem (Iraq) - Silver
- 3rd Salah Tahir Mahmood (Iraq) - Bronze

1987 - MALACCA, MALAYSIA

Bantam Weight - 65 kg.

- 1st Ibrahim Sihat (Singapore) - Gold
- 2nd Bang Woon Hyuk (S. Korea) - Silver
- 3rd **Akio Kawakami (Japan) - Bronze**

Light Weight - 70 kg.

- 1st Han Dong Ki (S. Korea) - Gold
- 2nd Yousaf Ahmed Hassan (Iraq) - Silver
- 3rd Levi Rumbewas (Indonesia) - Bronze

Welter Weight - 75 kg.

- 1st Fatholomein Ali (Singapore) - Gold
- 2nd Mahmood Ahmed Zaidan (Iraq) - Silver
- 3rd Lee Hyun Moon (S. Korea) - Bronze

Middle Weight - 80 kg.

- 1st Sammy Ayochock (Philippines) - Gold
- 2nd Imad Jasim Mahmood (Iraq) - Silver
- 3rd Kang Kyung Soon (S. Korea) - Bronze

Lt. Heavy Weight - 90 kg.

- 1st Prem Chand (India) - Gold
- 2nd Ahmed Abbas (Iraq) - Silver
- 3rd Chang Wing Chung (Hongkong) - Bronze

Heavy Weight Over + 90 kg.

- 1st Malek Noor (Malaysia) - Gold
- 2nd Abbas Jabbar (Iraq) - Silver
- 3rd Hassan Salleh Ali (Bahrain) - Bronze

1986 - TAIPEI - TAIWAN

Bantam Weight - 65 kg.

- 1st Masahide Kinjo (Japan) - Gold**
- 2nd Bang Woon Hyuk (S. Korea) - Silver
- 3rd Ibrahim Sihat (Singapore) - Bronze

Light Weight - 70 kg.

- 1st Fatholomein Ali (Singapore) - Gold
- 2nd Han Dong Ki (S. Korea) - Silver
- 3rd Sabah Taleb Mahdi (Iraq) - Bronze

Welter Weight - 75 kg.

- 1st Park Young Chul (Korea) - Gold
- 2nd Teruo Aso (Japan) - Silver**
- 3rd Mahmoud Ahmed (Iraq) - Bronze

Middle Weight - 80 kg.

- 1st Sammy Ayochock (Philippines) - Gold
- 2nd Kang Kyung Soon (S. Korea) - Silver
- 3rd Imad Jasim Mahmud (Iraq) - Bronze

Lt. Heavy Weight - 90 kg.

- 1st Prem Chand (India) - Gold
- 2nd Ali Hussein (Iraq) - Silver
- 3rd A-Wen Huang (Chinese Taipei) - Bronze

Heavy Weight Over + 90 kg.

- 1st Malek Noor (Malaysia) - Gold
- 2nd Ahmad Abbas (Iraq) - Silver
- 3rd Aziz Abdul Karim (Iraq) - Bronze

1985 - COLOMBO - SRI LANKA

Bantam Weight - 65 kg.

- 1st Akio Kawakami (Japan) - Gold**
- 2nd Ibrahim Sihat (Singapore) - Silver
- 3rd Kim Kwang Ho (S. Korea) - Bronze

Light Weight - 70 kg.

- 1st Justin Sompong (Malaysia) - Gold
- 2nd Yousif Ahmed Hassan (Iraq) - Silver
- 3rd Preecha Sowanna (Thailand) - Bronze

Welter Weight - 75 kg.

- 1st Fatholomein Ali (Singapore) - Gold
- 2nd Mahmud Ahmed Zdain (Iraq) - Silver
- 3rd Teruo Aso (Japan) - Bronze**

Middle Weight - 80 kg.

- 1st Prem Chand (India) - Gold
- 2nd Kang Kyung Soon (S. Korea) - Silver
- 3rd Kaiser Pervez (Pakistan) - Bronze

Lt. Heavy Weight - 90 kg.

- 1st Katsumi Kitamura (Japan) - Gold**
- 2nd Ali Hussein (Iraq) - Silver
- 3rd Imad Jassain Mahmoud (Iraq) - Bronze

Heavy Weight Over + 90 kg.

- 1st Malek Noor (Malaysia) - Gold
- 2nd Ahmed Abbas (Iraq) - Silver
- 3rd Aziz Abd. Karim (Iraq) - Bronze

1984 - SEOUL - S. KOREA

Bantam Weight - 65 kg.

- 1st Pang Woon Hyuk (S. Korea) - Gold
- 2nd Moh Ah Kee (Singapore) - Silver
- 3rd Masahide Kinjo (Japan/Gunma) - Bronze

Light Weight - 70 kg.

- 1st Han Dong Ki (S. Korea) - Gold
- 2nd Preecha Sowanna (Thailand) - Silver
- 3rd Fatholomein Ali (Singapore) - Bronze

Middle Weight - 80 kg.

- 1st Prem Chand (India) - Gold
- 2nd Ahmad Haid (Iraq) - Silver
- 3rd Kang Kyung Soon (S. Korea) - Bronze

Lt. Heavy Weight - 90 kg.

- 1st Yasushi Koyama (Japan) - Gold
- 2nd Imad Jassim (Iraq) - Silver
- 3rd Ahmad Abbas (Iraq) - Bronze

Heavy Weight Over + 90 kg.

- 1st Aziz Abdul Karim (Iraq) - Gold
- 2nd Abbas Jabbar (Iraq) - Silver
- 3rd Yunos Salman (Bahrain) - Bronze

1983 - KARACHI - PAKISTAN

Bantam Weight - 65 kg.

- 1st Akio Kawakami (Japan) - Gold
- 2nd Katsumi Ishimura (Japan) - Silver
- 3rd Kim Yong Ho (S. Korea) - Bronze

Light Weight - 70 kg.

- 1st Fatholomein Ali (Singapore) - Gold
- 2nd Han Dong Ki (S. Korea) - Silver
- 3rd Khoo Ewe Beng (Malaysia) - Bronze

Middle Weight - 80 kg.

- 1st Prem Chand (India) - Gold
- 2nd Ahmad Hadi (Iraq) - Silver
- 3rd Kang Kyung Soon (S. Korea) - Bronze

Lt. Heavy Weight - 90 kg.

- 1st Yasushi Koyama (Japan) - Gold
- 2nd Ahmad Abbas (Iraq) - Silver
- 3rd Quasar Pervaz (Pakistan) - Bronze

Heavy Weight Over + 90 kg.

- 1st Aziz Abdul Karim (Iraq) - Gold
- 2nd Ali Hussein (Iraq) - Silver
- 3rd Shahid Butt (Pakistan) - Bronze

1982 - TOKYO - JAPAN

Bantam Weight - 65 kg.

- 1st Moh Teck Hin (Singapore) - Gold
- 2nd Bujang Taha (Malaysia) - Silver
- 3rd **Katsumi Ishimura (Japan) - Bronze**

Light Weight - 70 kg.

- 1st Park Young Chul (S. Korea) - Gold
- 2nd **Sadakatsu China (Japan) - Silver**
- 3rd Fatholomein Ali (Singapore) - Bronze

Middle Weight - 80 kg.

- 1st **Teruo Aso (Japan) - Gold**
- 2nd Ahmed Hadi Abbas (Iraq) - Silver
- 3rd Cheng Hai Yuan (Chinese Taipei) - Bronze

Lt. Heavy Weight - 90 kg.

- 1st **Naokata Ishii (Japan) - Gold**
- 2nd Ahmed Abbas Kaden (Iraq) - Silver
- 3rd A. Arokiasamy (Malaysia) - Bronze

Heavy Weight Over + 90 kg.

- 1st Ali Hussein Jasan (Iraq) - Gold
- 2nd **Osamu Usui (Japan) - Silver**
- 3rd Abbas Hindawi (Iraq) - Bronze

1981 - ALOR SETAR, KEDAH - MALAYSIA

Bantam Weight - 65 kg.

- 1st Bujang Taha (Malaysia) - Gold
- 2nd **Akio Kawakami (Japan) - Silver**
- 3rd Ibrahim Sihat (Singapore) - Bronze

Light Weight - 70 kg.

- 1st Fatholomein Ali (Singapore) - Gold
- 2nd Park Yong Chul (S. Korea) - Silver
- 3rd **Iseo Nagamune (Japan) - Bronze**

Middle Weight - 80 kg.

- 1st H.Y. Cheng (Chinese Taipei) - Gold
- 2nd Teh Ah Fook (Malaysia) - Silver
- 3rd Talib Shebeb (Iraq) - Bronze

Lt. Heavy Weight - 90 kg.

- 1st Ahmed Hedi (Iraq) - Gold
- 2nd Shum Soon Yong (S. Korea) - Silver
- 3rd A. Arokiasamy (Malaysia) - Bronze

Heavy Weight Over + 90 kg.

- 1st Ahmad Abbas (Iraq) - Gold
- 2nd Shin Sung Soo (S. Korea) - Silver
- 3rd Tusher Kanti Sil (India) - Bronze

1980 - JAKARTA - INDONESIA

Bantam Weight - 65 kg.

- 1st Bujang Taha (Malaysia) - Gold
- 2nd S. Talib (Iraq) - Silver
- 3rd **Y. Ono (Japan) - Bronze**

Light Weight - 70 kg.

- 1st Fatholomein Ali (Singapore) - Gold
- 2nd S. Hedi (Iraq) - Silver
- 3rd Khoo Ewe Beng (Malaysia) - Bronze

Middle Weight - 80 kg.

- 1st A. Khadi (Iraq) - Gold
- 2nd Y.Y. Cheng (Chinese Taipei) - Silver
- 3rd Teh Ah Fook (Malaysia) - Bronze

Lt. Heavy Weight - 90 kg.

- 1st A. Khadam (Iraq) - Gold
- 2nd Kim Soon Yong (S. Korea) - Silver
- 3rd Aziz Ullah (Pakistan) - Bronze

Heavy Weight Over + 90 kg.

- 1st Abbas Hindawi (Iraq) - Gold
- 2nd Lim Kim Soon (Malaysia) - Silver
- 3rd Ferry Marulla (Indonesia) - Bronze

1979 - MANILA - PHILIPPINES

Bantam Weight - 65 kg.

- 1st Moh Teck Hin (Singapore) - Gold
- 2nd Sunil Patra (India) - Silver
- 3rd Mohamed Noh (Malaysia) - Bronze

Light Weight - 70 kg.

- 1st Ahmed H. Abbas (Iraq) - Gold
- 2nd Fatholomein Ali (Singapore) - Silver
- 3rd M. Khalim (Indonesia) - Bronze

Middle Weight - 80 kg.

- 1st Basir K. Jemadi (Malaysia) - Gold
- 2nd Masayuki Kikuchi (Japan) - Silver
- 3rd Tae Pyung Kim (S. Korea) - Bronze

Lt. Heavy Weight - 90 kg.

- 1st Aziz Abdul Karim (Iraq) - Gold
- 2nd Hasashi Kuroghi (Japan) - Silver
- 3rd Aziz Ullah (Pakistan) - Bronze

Heavy Weight Over + 90 kg.

- 1st Abbas Hindawi (Iraq) - Gold
- 2nd Riduan Kodyat (Indonesia) - Silver
- 3rd Chan Wing Chung (Hongkong) - Bronze

1978 SINGAPORE

Bantam Weight - 65 kg.

- 1st Moh Teck Hin (Singapore) - Gold
- 2nd Cholard Chaleyboon (Thailand) - Silver
- 3rd Rahmatolla Azimi (Iran) - Bronze

Light Weight - 70 kg.

- 1st Ahmed H. Abbas (Iraq) - Gold
- 2nd Basir K. Jemadi (Malaysia) - Silver
- 3rd Sohrab Sarabi (Iran) - Bronze

Middle Weight - 80 kg.

- 1st Mehdi Khaneghany (Iran) - Gold
- 2nd Aziz Ullah (Pakistan) - Silver
- 3rd Moloy Roy (India) - Bronze

Heavy Weight - 90 kg.

- 1st Abbas Hindawi (Iraq) - Gold
- 2nd Aziz Abdul Karim (Iraq) - Silver
- 3rd Syeed Beizavi (Iran) - Bronze

1977 CALCUTTA - INDIA

IFBB removed the height classes and introduced the bodyweight categories. The overall title was abolished.

Bantam Weight - 65 kg.

- 1st Moh Teck Hin (Singapore) - Gold
- 2nd Rahmatollah Azimi (Iran) - Silver
- 3rd Cholard Chaleyboon (Thailand) - Bronze

Light Weight - 70 kg.

- 1st Talib Shebab (Iraq) - Gold
- 2nd A. Hadee Abbas (Iraq) - Silver
- 3rd Hashim Salim (Singapore) - Bronze

Middle Weight - 80 kg.

- 1st Rohmat Juraimi (Singapore) - Gold
- 2nd Mehdi Kheneghani (Iran) - Silver
- 3rd Aziz Madloom (Iraq) - Bronze

Heavy Weight - 90 kg.

- 1st Abdul Karim (Iraq) - Gold
- 2nd Ridwan Kodyat (Indonesia) - Silver
- 3rd Sheed Beizavi (Iran) - Bronze

1976 LAHORE - PAKISTAN

Class 3 (Short)

- 1st Aziz Madloom (Iraq) - Gold
- 2nd Sohrab Sarabi (Iran) - Silver
- 3rd Narong Hirisatja (Thailand) - Bronze

Class 2 (Medium)

- 1st Rohmat Juraimi (Singapore) - Gold
- 2nd Rida Moosa (Iraq) - Silver
- 3rd Preecha Sowanna (Thailand) - Bronze

Class 1 (Tall)

- 1st Hideyuki Kosaki (Japan) - Gold**
- 2nd Abbas Hindawi (Iraq) - Silver
- 3rd Mehdi Khaneghani (Iran) - Bronze

Hideyuki Kosaki of Japan won the Gold Medal and the overall title of Mr. Asia 1976.

1975 SINGAPORE

Class 3 (Short)

- 1st Sohrab Sarabi (Iran) - Gold
- 2nd Narong Hirisatja (Thailand) - Silver
- 3rd Kastene Kumari (Singapore) - Bronze

Class 2 (Medium)

- 1st Rohmat Juraimi (Singapore) - Gold
- 2nd Yeung Hong Ning (Hongkong) - Silver
- 3rd Mehdi Khaneghani (Iran) - Bronze

Class 1 (Tall)

- 1st Roger Walker (Australia) - Gold
- 2nd Hideyuki Kosaki (Japan) - Silver
- 3rd Bill Robertson (Australia) - Bronze

The overall title of Mr. Asia 1975 (Gold Medal) was won by Roger Walker of Australia.

1974 MANILA - PHILIPPINES

Class 3 (Short)

- 1st Talib Al-Doori (Iraq) - Gold
- 2nd Narong Hirisatja (Thailand) - Silver
- 3rd Moh Teck Hin (Singapore) - Bronze

Class 2 (Medium)

- 1st Abbas Hindawi (Iraq) - Gold
- 2nd Rohmat Juraimi (Singapore) - Silver
- 3rd Preecha sowanna (Thailand) - Bronze

Class 3 (Tall)

- 1st Peter Mc'Carthy (Australia) - Gold
- 2nd Ali Al-Gayyer (Iraq) - Silver
- 3rd Yoshio Watanabe (Japan/Gunma) - Bronze

The overall title of Mr. Asia 1974 (Gold Medal) was won by Abbas Hindawi of Iraq.

1973 KUALA LUMPUR - MALAYISA

(height classes were introduced)

Class 3 (Short)

- 1st Narong Hirisatja (Thailand) - Gold
- 2nd Moh Teck Hin (Singapore) - Silver
- 3rd Abdul Aleem Mir (Pakistan) - Bronze

Class 2 (Medium)

- 1st Rohmat Juraimi (Singapore) - Gold
- 2nd Sorab Sarabi (Iran) - Silver
- 3rd Kenzo Sakaguchi (Japan) - Bronze

Class 1 (Tall)

- 1st Mehdi Khaneghani (Iran) - Gold
- 2nd Surapong Yingwatana (Thailand) - Silver
- 3rd E.R. Borgohain (India) - Bronze

The overall title of Mr. Asia 1973 (Gold Medal) was won by Rohmat Juraimi of Singapore.

1972 BAGHDAD - IRAQ

Abbas Hindawi (Overall winner) - Iraq

1971 LAHORE - PAKISTAN

Abbas Hindawi (Overall winner) - Iraq

1970 SINGAPORE

Akira Miyamoto (Overall winner) - Japan

1969 COLOMBO - SRI LANKA

Saloman Esmanto (Overall winner) - Malaysia

1968 No competition

1967 No competition

1966 PHONM PENH - CAMBODIA

Musthaq Ahmad (Overall winner) Pakistan
(competition was held at the GANEFO Games)

1965 No competition

1964 No competition

1963 COLOMBO - CEYLON (SRI LANKA)

Phuan San Tee (Overall winner) Malaya (Malaysia)

1962 No competition

1961 KUALA LUMPUR - MALAYA (MALAYSIA)

Pak Wai Phung (Overall winner) Malaya (Malaysia)

1960 LAHORE - PAKISTAN

Clancy Ang (Overall winner) Malaya (Malaysia)

1959 COLOMBO - CEYLON (SRI LANKA)

Rachan Phathukawang (Overall winner) Thailand

1958 - No competition

1957 TEHERAN - IRAN

Mahmoud Namjon (Overall winner) - Iran