



IFBB DIAMOND CUP ALGERIA

IFBB WORLD RANKING EVENT

IFBB ELITE PRO QUALIFIER

March 15th – 18th, 2018

ORAN, ALGERIA

Le Méridien Hotel & Convention Centre Oran

INSPECTION REPORT

Dear Friends,

On behalf of the ALGERIAN BODYBUILDING FEDERATION "ABBFFL" I am pleased to invite our IFBB International President Dr. Rafael Santonja and IFBB-affiliated National Federations Africa Mediterranean and Middle East to participate in this international event DIAMONDCUP ALGERIA to be held on March 15th – 18th, 2018, in Oran, Algeria. This will be the opportunity for most of you to discover our beautiful and welcoming country.

Please, find enclosed the regulations of the competition and the other necessary information. We hope that many of you will be able to join us for this event and make it more successful. We are looking forward to welcome you in CRAN

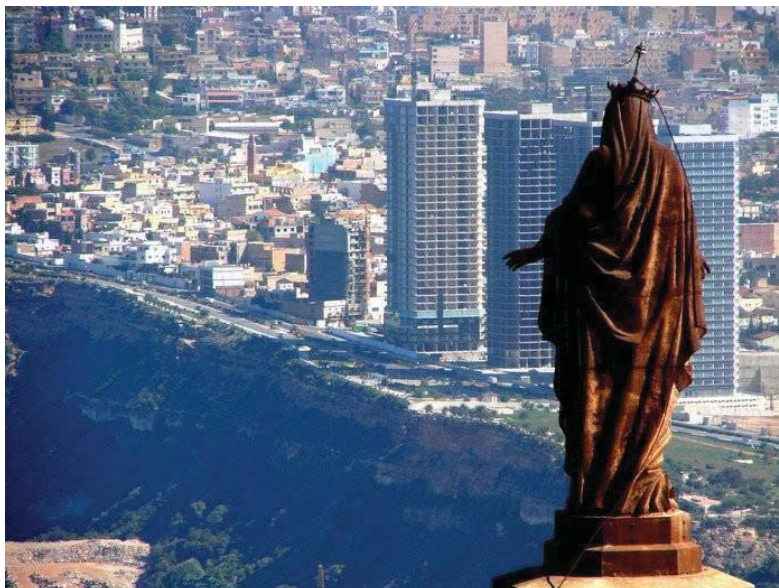
Sincerely yours,

Moussa Messaour,
President,
Algerian Bodybuilding, Fitness and Powerlifting Federation (IFBB affiliated)

WELCOME TO CRAN

Oran is an important coastal city that is located in the north-west of Algeria. It is considered the second most important city after the capital Algiers, due to its commercial, industrial, and cultural importance. It is 432 km (268 miles) from Algiers. The second largest city in Algeria.

The name "Wáhran" (Oran in Arabic) is derived from the Berber word "uهران" that means (two lions)





ORAN IS THE CITY THAT WILL HOST THE MEDITERRANEAN GAMES OF 2021

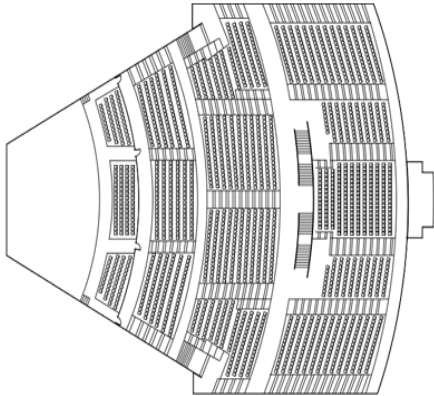


ORAN IS ELECTED ON 27th AUGUST 2015 IN PESCARA, ITALY, BY THE GENERAL ASSEMBLY OF THE INTERNATIONAL MEDITERRANEAN COMMITTEE TO HOST THE MEDITERRANEAN GAMES 2021,

THE VENUE

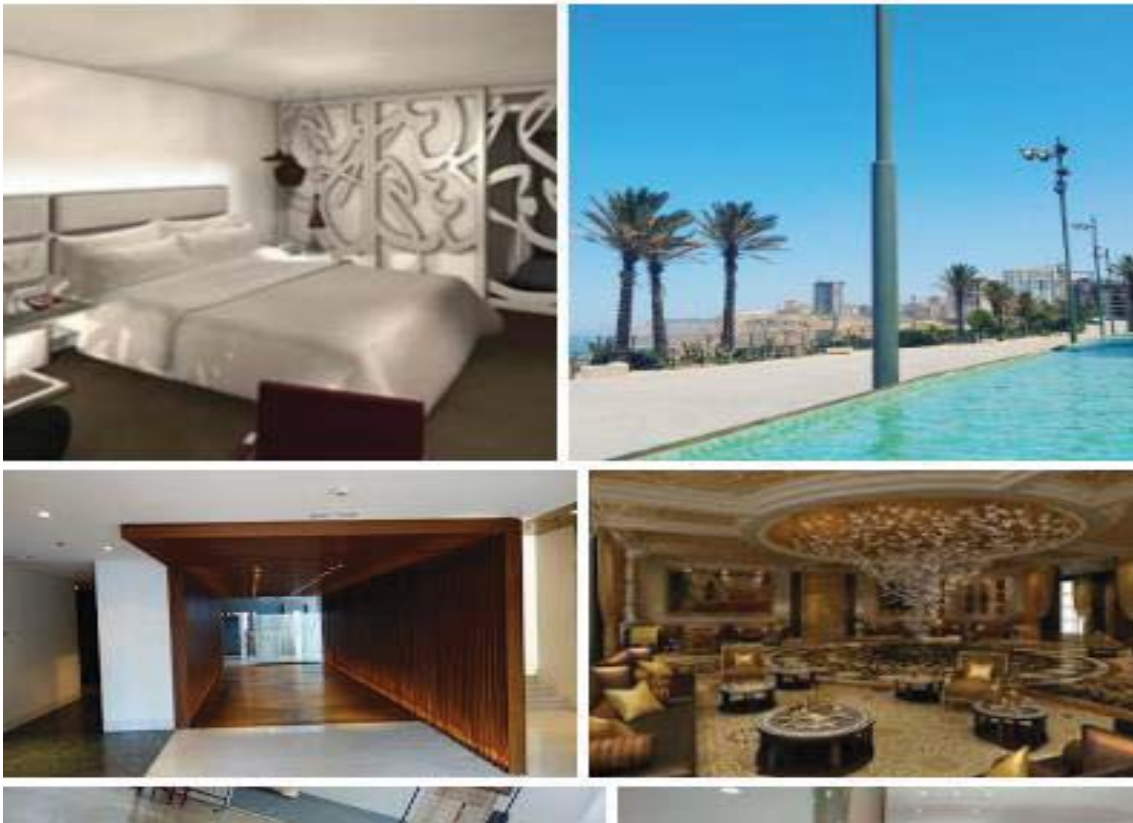
Le Meridien Gran Hotel & Convention Centre

CONGRESS HALL: max. capacity: 3000 seats



OFFICIAL HOTELS

Le Meridien Hotel:
a five stars hotel reserved to host the event (the venue).



ACCOMMODATION

Liberty Hotel and Jasmine Residence Oran.

A four stars hotel. This hotel will be the official hotel for the Official Participants (athletes, delegates, extra delegates).



PLEASE NOTE:

Hotel booking must be done directly between the National Federations or individual athletes and the Organizing Committee.

Important:

- Beside the IFFB entree fee, The rate for package including (03 nights accommodations, 05 meals , 03 breakfast ,transportation from and to the airport and between hotels and the venue , access for Prejudging, Finals) is **150 EUROS** per person in a double room ,in the before mentionned hotels .this package is payable at the arrival at Liberty Hotel.

Send all your booking to: federationfabbfpl2006@hotmail.com

And to nedjah.kamel@gmail.com

ARRIVALS AND AIRPORT

The official arrival airport is AHMED BEN BELLA AIRPORT ORAN (12 KM FROM THE VENUE) . The Organizing Committee will pick you up at the airport on the Official Arrival Day (Wednesday) and drive you to the official hotel and back to the concerning Airport on the official Departure Day (sunday) .

It is very important that every National Federation provides to the Organizing Committee the complete information of its team, including the number of persons and the arrival/ departure times and details.

Your cooperation is essential to ensure adequate transportation for your team.

Early arrivals & late departures: any National Federation, including any of its individual team members, arriving before the official arrival date March 15th and/ or staying after the official departure date of March 18th, 2018 will be responsible for all of their expenses, including arranging their own transportation between the airport and the hotel. You must notify the Organizing Committee of any early arrivals.

PARTICIPATION

The contest is open for IFFB-affiliated National Federations from

AFRICAN, MEDITERRANEAN AND MIDDLE EAST COUNTRIES

The number of competitors participating in this contest is unlimited

Online Pre-Registration of athletes will only be considered if they are entered by the National Federation of the athlete by sending the Final Entry Form with their names directly to the Algerian Federation, IFFB Technical Committee and IFFB Head Office in Madrid.

Please be aware that it is FULL RESPONSIBILITY AND OBLIGATION OF THE NATIONAL FEDERATION to verify if each one of the athletes to be registered on this international event are NOT suspended or fulfilling any period of ineligibility due to Anti-Doping Rule Violation or any disciplinary case at national or international level.

REGISTRATION

Official Athlete Registration and weigh-in will be conducted on Friday, March 16th, 2018, between 17:30 and 20:00 hrs at the LIBERTYHOTEL.

All athletes will have to produce their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/ her IFBB International Card will have to buy one at registration. IFBB Cards are EUR €30 and are mandatory. The final decision to allow an athlete to compete in this event rests with the IFBB.

All posing music must be on an audio CD only. The posing music must also be at the start of the CD. Each competitor must affix his name on the CD for easy identification.

The use of profane, vulgar and offensive language is strictly prohibited in the posing music.

All Athletes must wear their posing attire during weigh-in. Posing attire must be in accordance with IFBB rules.

Each athlete participating in the championship will be provided with an identification tag at the Registration. This identification will allow daily admission to the venue and shouldn't be lost.

REGISTRATION FEE

The IFBB registration fee is **EUR €200** per athlete and will have to be paid in advance by credit/ debit card or PayPal at IFBB webpage:

<http://www.ifbb.com/competition-registration>

for your best comfort and convenience. Please add your name during online payment and bring a copy of your payment confirmation to the registration.

The deadline date to do the online payment is March 05th, 2018 (Monday).

On March 05th, at 24:00 hrs (midnight - Central European Time, UTC+1) the online payment system will be switched off.

If paying at the Registration in Gran on March 16th, an extra fee of EUR €50 per participant will be charged.

If an athlete wants to participate in the second category (like master in a the senior open class), additional EUR €50 per participant will be charged at the

Registration (in cash).

CATEGORIES OPEN FOR COMPETITION

	DISCIPLINE	CATEGORY
SENIORS		
1	Men Bodybuilding	Up to &incl. 70 kg
2	Men Bodybuilding	Up to &incl. 75 kg
3	Men Bodybuilding	Up to &incl. 80 kg
4	Men Bodybuilding	Up to &incl. 85 kg
5	Men Bodybuilding	Up to &incl. 90 kg
6	Men Bodybuilding	Up to &incl. 100 kg
7	Men Bodybuilding	Over 100 kg
MASTERS OVER 40 YEARS		
8	Men Bodybuilding	Up to &incl. 70 kg
9	Men Bodybuilding	Up to &incl. 80 kg
10	Men Bodybuilding	Over 80 kg
SENIORS		
11	Men's Physique	Up to &incl. 170 cm
12	Men's Physique	Up to &incl. 174 cm
13	Men's Physique	Up to &incl. 178 cm
14	Men's Physique	Over 178 cm
15	Men Classic Bodybuilding *	Up to &incl. 168 cm
16	Men Classic Bodybuilding *	Up to &incl. 171cm
17	Men Classic Bodybuilding *	Up to &incl. 175 cm
18	Men Classic Bodybuilding *	Up to &incl. 180 cm
19	Men Classic Bodybuilding *	Over 180 cm

*- Maximum bodyweight limits [in kg] for Men's Classic Bodybuilding:

Up to 168 cm	Athlete's height [in cm] minus 100
Up to 171cm	(Athlete's height [in cm] minus 100) + 2
Up to 175 cm	(Athlete's height [in cm] minus 100) + 4
Up to 180 cm	(Athlete's height [in cm] minus 100) + 7
Up to 190 cm	(Athlete's height [in cm] minus 100) + 9
Up to 198 cm	(Athlete's height [in cm] minus 100) + 11
Over 198 cm	(Athlete's height [in cm] minus 100) + 13

Minimum number of competitors to run a category should be 5. If less than 5 athletes, categories will be combined, wherever possible. If less than 5 athletes in a category, no points will be awarded to the IFBB World Ranking.

AWARDS

- IFBB medals for the top three competitors in each category.
- Cups and Diplomas for the top six in each category.
- 2018 IFBB WORLD RANKING POINTS for the top 5 athletes in Men's senior categories, according to the World Ranking Rules.
- **IFBB ELITE PRO CARD** for the over all category winner in Men's Physique, Men's Bodybuilding and Men's Classic Bodybuilding (after applications through their National Federations).



TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

JUDGES

To be taken into consideration during selection of judges panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules.

For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to Gran. IFBB International Judges must have a valid IFBB Judge's Card, with the IFBB yearly judges fee of EUR €50 paid for 2018.

All judges must be present at the Team Managers and Judges Meeting. Any judge absent at this Meeting, will not be allowed to judge at these Championships.

VSAS

A valid passport is required to enter Algeria. Citizens of the following countries do not need visa to enter Algeria:

1. **Sahrawi Arab Democratic Republic**
2. **Morocco**
3. **Tunisia**
4. **Libya**
5. **Mali**
6. **Seychelles**
7. **Yemen**
8. **Mauritania**
9. **Syria**

Citizens of other countries should check what type of visa they need:

http://algeriavisacenter.com/Visa_Requirement.html

For more information contact the **ALGERIANEMBASSY** in your country, please.

It is National Federation's responsibility to obtain an entry visa for the country organizing the championship. All National Federations could ask for an Invitation letter either to the Competition Organizer or IBB. The invitation letter does not mean you are granted your visa. IBB and Competition Organizer are not responsible of attendants visas.

To receive invitation letter, the applicant should forward copy (scan) of passport to the IBB or Competition Organizer (The Algerian Federation).

If the visa is not granted, the Cancellation Policies for the championship will still apply.

An athlete, who requested and received an invitation from the IBB Head Office or the Organizing Committee of an IBB sanctioned event for visa purposes and used this visa to unlawful stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures.

BACKSTAGE ACCESS/ DRESSING ROOM ACCESS

Access to the backstage and/ or dressing room areas shall be strictly limited to essential personnel only. Coaches and trainers who assist athletes in the dressing room area must be of the same sex as the athlete they are assisting.

CAMERA/ VIDEOTAPE EQUIPMENT

Camera and/ or videotape equipment shall be strictly prohibited in the backstage and dressing room areas except when used by IBB-authorized persons and, in any event, these devices shall be strictly prohibited in the dressing room area.

CURRENCY

The national currency in Algeria is Dinar (DZD).

EUR 100 = DZD 141.2 (inverse: 0,0071)

USD 100 = DZD 113.66 (inverse: 0.0088)

(as for January 31st, 2018)

Current rates at: <http://www.xe.com/currency/dzd-algerian-dinar>

All credit cards are accepted at most major hotels, restaurants and shops..

CLIMATE

Daily mean temperature in March is 13.9°C Average relative humidity: 74%, days with rain: 7.1

ELECTRIC CURRENT



The electric outlet is 220 V, 50 Hz. Plug/ socket of type C and F. If other type of a plug, you may need an adapter.

LANGUAGE

The Official language in Algeria is Arabic. French is widely spoken by the population in restaurants, banks, shopping centers and tourist areas. English in hotels,

ATHLETES WITHOUT DELEGATE

All Athletes competing at these Championships must be Members in Good Standing of their National Federations. All athletes must be nominated by their National Federation by sending the Final Entry Form with their names.

FAILURE TO HONOR FINAL ENTRY FORM DEADLINE

Deadlines are set to assist the Organizer with arranging accommodations, meals, on site transportation and other Championships activities. A failure to respect these deadlines is a breach of the IFFB Rules.

If a National Federation fails to respect the deadlines written on the Final Entry Form, each «Official Participant» from that federation will be required to pay all of his or her own expenses, including accommodations, meals, onsite transportation, and access to the Prejudging, Finals and Farewell Banquet.

MISREPRESENTATION

Misrepresentation is a serious breach of the IFFB Code of Ethics and occurs when an «Official» of a National Federation deliberately misrepresents the number of Athletes and Delegates, so as to obtain free-of-charge accommodations, meals, onsite transportation, access to the Prejudging, Finals and Farewell Banquet and other amenities at the expenses of the Organizer.

Part of this misrepresentation may be a false claim that a person is an Athlete only to have that so-called Athlete fail to officially register as a competitor at the weigh-in or, once having officially registered, fail to compete. Any National Federation found guilty of misrepresentation will be immediately disqualified from the Championships and will be fined an amount equal to the Special Package Rate for each person involved.

MEDICAL WITHDRAWAL

Once officially registered, no Athlete may withdraw from competition without the prior approval of the IBB Chief Judge. It is not acceptable for a National Federation to unilaterally withdraw an Athlete without the prior approval of the IBB Chief Judge, who has the right to verify the reason for the withdrawal.

Any National Federation that fails to seek the prior approval of the IBB Chief Judge before withdrawing an Athlete shall, for that Athlete's non-participation, be fined an amount equal to the Special Package Rate.

PRELIMINARY ENTRY FORM

The deadline date for the Preliminary Entry Form is February 16th, 2018. National Federations must return the Preliminary Entry Form to the Organizing Committee as soon as possible but not later than the deadline date, confirming your federation's intent to participate. If at this time you do not know the actual names of the Official Participants (Athletes and Delegates, including Judges), please indicate the total number of individuals from your National Federation who will participate in the Championships.

FINAL ENTRY FORM

The deadline date for sending the Final Entry Form is March 02nd, 2018. National Federations must submit the actual names of all Official Participants (Athletes by category and Delegates, including Judges). You must also provide arrival and departure information.

In order to guarantee hotel accommodations for your team, the Final Entry Form must be returned not later than the deadline date. Your co-operation is essential to ensuring your accommodations at the hotel and adequate transportation for your team.

It is the responsibility of the President or General-secretary of each participating National Federation to ensure that all National Team members (athletes, delegates, extra delegates) are fully aware of the rules and regulations governing participation at these Championships, to include the statements contained within this Inspection Report. If any of your athletes and/ or delegates are travelling and arriving separate from your Team Manager or Chief Delegate, you must ensure they are familiar with the rules and regulations contained within the Inspection Report.

PARADE OF NATION

The dress code for all delegates and/ or officials taking part in the Parade of Nations is the IFBB official uniform. The dress code for all athletes taking part in the Parade of Nations is posing attire. One (1) delegate and one (1) competitor per country must take part in the Parade of Nations.

MEDIA ACCREDITATION

All media accreditation, except local media, shall be controlled by the IFBB. All persons wishing to obtain media accreditation for this event must register with the IFBB by completing and signing and IFBB Media Accreditation Form, said form which must be remitted to the IFBB by e-mail at info@fbb.com no later than March 05th, 2018.

CORRESPONDENCE AND ENTRY FORMS SENDING DETAILS

- PLEASE SEND YOUR FINAL ENTRY FORM (**NOT LATER THAN MARCH 02nd, 2018**) TO

Algerian Federation Organizing Committee:

Phone: 00 213 557 377 196

00 213 552 852 154

E-mail: federationfabbfpl2006@hotmail.com

And a copy to: nedjah.kamel@gmail.com

- COPY ALL CORRESPONDENCE TO

IFBB Head Office in Madrid, Spain, Ms. Diana Mozos:

E-mail: info@fbb.com

And IFBB Technical Committee, Eng. Andrew Michalak

E-mail: amichalak5@gmail.com

TENTATIVE SCHEDULE

Thursday, March 15 th , 2018		
10:00 - 20:00	Arrival at the Airports	Ahmed Ben Bella Airport Gran
20:00	Dinner Buffet	IFBB Officials at Liberty Hotel and Jasmine Residence
Friday, March 16 th , 2018		
07:00 – 09:00	Breakfast Buffet	

09:00 – 12:00	Sightseeing tour	Gran city
12:00	Lunch Buffet	Liberty Hotel
16:00	Team Managers and Judges Meeting	Liberty Hotel
17:30-20:00	Official Registration and Weigh-in. Each competitor must provide his Passport, IFBB International Card and music at registration	Liberty Hotel
20:30	Dinner Buffet	Liberty Hotel
Saturday, March 17th, 2018		
09:00	Prejudging: Bodybuilding Classic Bodybuilding Men's Physic	Meridien Hotel.
12:30	Lunch	Corresponding Hotels
14:00	Finals; Bodybuilding Classic Bodybuilding Men's Physic	Meridien Hotel.
17:30	Overalls; Bodybuilding Classic Bodybuilding Men's Physic	Meridien Hotel.
20:30	Dinner	Corresponding Hotels
Sunday, March 18th, 2018		
Till 12:00	DEPARTURES	